

# Stool Collection Instructions



Before proceeding to collection

Scan this QR code to see the Preparation and Collection instructions on your device

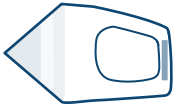


## Sample Acceptance Criteria

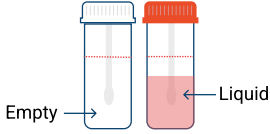
<p>Accepted at fill level</p>	<p>Overfilled</p>	<p>Overfilled and/or Leaking</p>
<p>Under filled tubes</p>	<p>Not sealed properly</p>	<p>No date and time on the label</p>

Vibrant Wellness  
 www.vibrant-wellness.com | support@vibrant-wellness.com  
 1-866-364-0963 (7 AM - 6 PM, Pacific Time)

## Your kit includes:



Stool collection sheet x1



Stool collection tubes x2

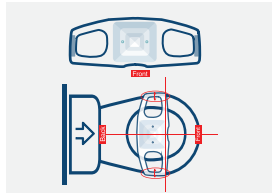


Biohazard bag x1



Return envelope x1

## Stool sample collection:



### STEP 1

Unfold the stool collection sheet containing two flaps and orient the curve notch facing you.

Remove the tape from the protective covering and adhere the stool collection sheet onto the toilet seat.

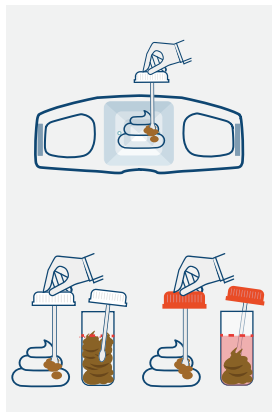
**Note:** The stool collection sheet should not touch the surface of the water.



### STEP 2

Have a bowel movement.

**Note:** Make sure stool does not come in contact with the toilet water or urine. Slowly drain urine away from bowel movement before collecting a sample if necessary.



### STEP 3

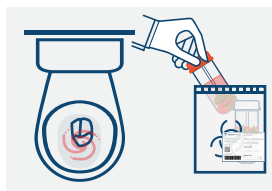
Scoop is attached to the cap of the tube. Choose well-formed, diarrheal, and bloody area of stool if present. Collect stool samples in both tubes.

Orange cap tube-Do not dispose fluid. Add stool inside the liquid to raise level of liquid to fill line.

White cap tube-Fill stool all the way up to the line

Screw the Cap Tightly.

**THIS STEP IS IMPORTANT**

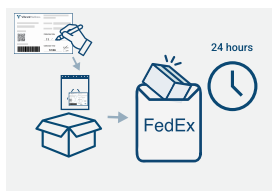


### STEP 4

Remove stool collection sheet flaps from toilet. Flush both the sampling sheet and excess stool down the toilet.

**Note:** When using water-preserving toilets, use a full flush. Repeat if necessary.

Place BOTH TUBES into the biohazard bag with the absorbent pad and seal completely.



### STEP 5

Write Date and Time of Collections on the label affixed to the biohazard bag. Keep the biohazard bag inside the small box provided and place it into the return envelope.

Mail the package within 24 hours of collection via FEDEX. HOLDING COLLECTED SAMPLES CAN RESULT IN REJECTION.

**\*This step is important as any missing information will delay the processing of your specimen.**