

Urine Collection Instructions



Before proceeding to collection

Scan this QR code to see the Preparation and Collection instructions on your device



Sample Acceptance Criteria

✔ Accepted tube & label		
✘ Blooded and /or overfilled	✘ Improperly sealed	✘ Insufficient labeling (missing label, date and time of collection)

Vibrant Wellness
 www.vibrant-wellness.com | support@vibrant-wellness.com
 1-866-364-0963 (7 AM - 6 PM, Pacific Time)

Your kit includes:



Urine collection cup
x1



Specimen tube
x1

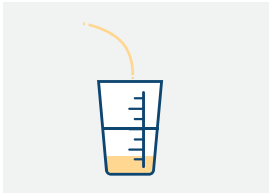


Biohazard bag
x1



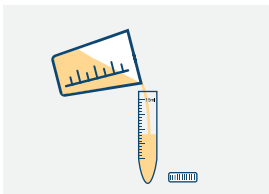
Return envelope
x1

Urine sample collection:



STEP 1

Collect your urine in the urine collection cup provided until it reaches the fill line.



STEP 2

Unscrew the cap from the specimen tube. Transfer the urine from the cup to the tube until it reaches the 15 ml line.



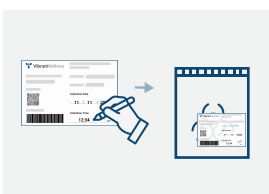
STEP 3

Screw the required specimen tube securely by twisting tightly. Please discard the cup after use.



STEP 4

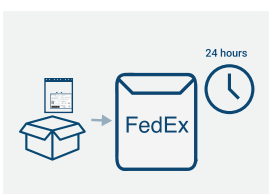
Place the specimen tube required into the biohazard bag with the absorbent pad and seal completely.



STEP 5

Write **Date and Time of Collection** on the label affixed to the biohazard bag.

***This step is important as any missing information will delay the processing of your specimen.**



NOTE

Place the biohazard bag inside the return envelope

Mail immediately via FedEx. Holding collected samples more than **24** hours may result in rejection.