

Important Collection Tips!



Rinsing mouth with water to remove food residue and **waiting at least 10 minutes** after rinsing to avoid sample dilution before collecting saliva.



**Avoiding** foods with high sugar or acidity, or high caffeine content, immediately before sample collection



**Not** eating a major meal within 60 minutes of sample collection.



**Passive drool** - allowing saliva to naturally pool in mouth and then spit. Repeat this process to fill required saliva. Do not simulate saliva collection.

Your kit includes:

Tube Cap →

Safe Puncture Cap Tip →

Saliva tube  
x1

Funnel

Fill Line

Safety Seal

Tube





Collection label  
x1

Biohazard bag  
x1

FedEx  
Return

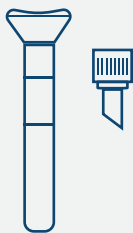
Return Envelope  
x1

Sample Acceptance Criteria

✓ Sample Acceptance Criteria	✗ Overfilled and/or Leaking	✗ No reagent/ Missing reagent	✗ Missing Date and Time of Collection
			

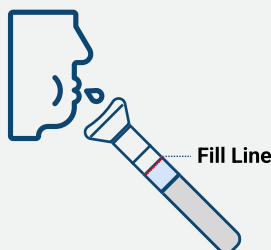
**WARNING:** FOR EXTERNAL USE ONLY. DO NOT drink, touch or remove the reagent from the vial. SMALL CAP POSES A CHOKING HAZARD.

## Step 1



Hold tube vertically and place funnel opening under your mouth.

## Step 2



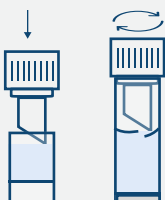
Spit saliva into funnel and repeat until saliva liquid reaches fill line.

## Step 3



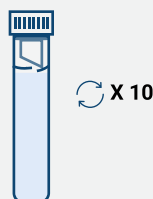
Remove funnel by holding tube vertically and twisting off. Discard funnel.

## Step 4



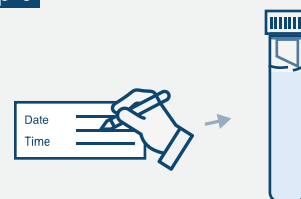
Close tube with cap by holding tube vertically and pressing and turning cap. Secure tightly.

## Step 5



Shake the closed tube vigorously a few times.

## Step 6



Write **Date and Time of Collection** on the provided label and stick it on the specimen tube.

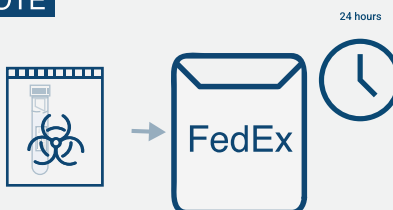
**\*This Step is important as any missing information will delay the processing of your specimen.**

## Step 7



Place the specimen tube required into the biohazard bag with the absorbent pad and seal completely.

## NOTE



Place the biohazard bag inside the return envelope

Mail immediately via FedEx. Holding collected samples more than **24** hours may result in rejection.