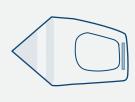
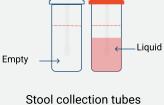
VibrantWellness

### Your kit includes:



Stool collection sheet x1



Stool collection tubes x2



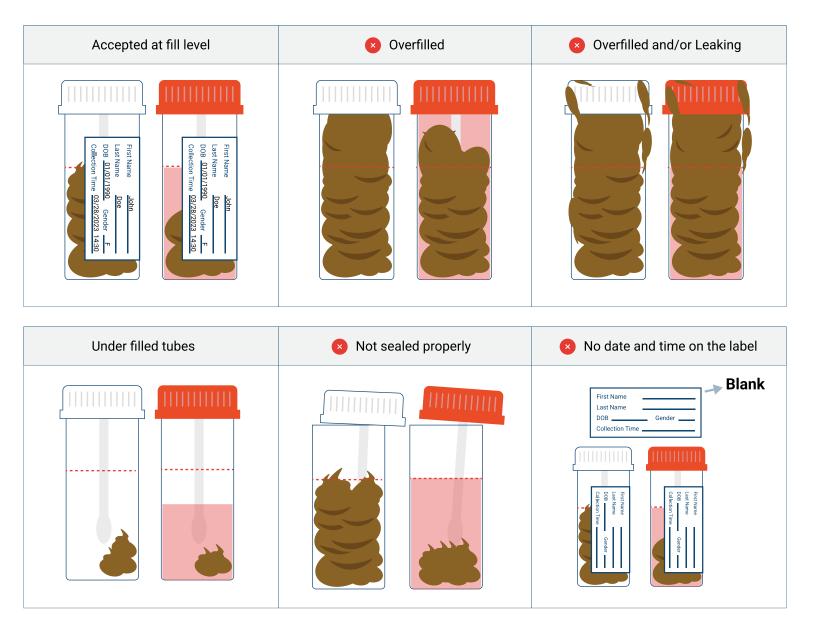
Ŕ

Biohazard bag x1



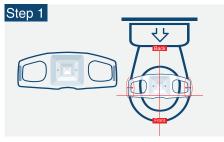
Return Envelope x1

## Sample Acceptance Criteria



# **Stool Collection Instruction**

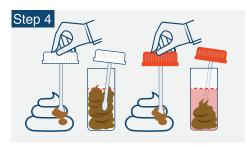
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Unfold the stool collection sheet containing two flaps and orient the curve notch facing you.

# Remove the tape from the protective covering and adhere the stool collection sheet onto the toilet seat.

**Note:** The stool collection sheet should not touch the surface of the water.

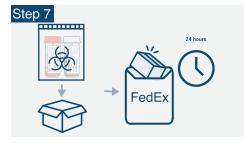


Orange cap tube-Do not dispose fluid. Add stool inside the liquid to raise level of liquid to fill line.

White cap tube-Fill stool all the way up to the line

Screw the Cap Tightly.

### \*This step is important



Keep the biohazard bag inside the small box provided and place it into the return envelope.

Mail the package within 24 hours of collection via FEDEX. HOLDING COLLECTED SAMPLES CAN RESULT IN REJECTION.

\*This step is important as any missing information will delay the processing of your specimen.

#### Vibrant Wellness

www.vibrant-wellness.com | support@vibrant-wellness.com 1-866-364-0963 ( 7 AM - 6 PM, Pacific Time)

### Step 2



### Have a bowel movement.

**Note:** Make sure stool does not come in contact with the toilet water or urine. Slowly drain urine away from bowel movement before collecting a sample if necessary.

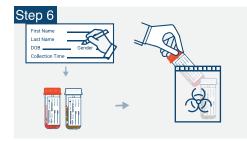


Remove stool collection sheet flaps from toilet. Flush both the sampling sheet and excess stool down the toilet.

**Note:** When using water saving toilets, use a full flush. Repeat if necessar



Scoop is attached to the cap of the tube. Choose well-formed, diarrheal, and bloody area of stool if present. Collect stool samples in both tubes.



Write your Name, Date of Birth and Collection Time & Date on the provided label and stick it on the specimen tube. Place BOTH TUBES into the biohazard bag with absorbent pad and seal completely