

# Egg Zoomer



## Who Will Benefit from the Egg Zoomer test?

The Egg Zoomer panel detects the body's reaction to eggs, including egg white and egg yolk allergy and sensitivity.

If you suspect or are diagnosed with food sensitivities or allergies, intestinal permeability, or have a family history of egg sensitivity or allergy, you may benefit from this panel.

## Recognizing Symptoms of Egg Sensitivity

### Symptoms include:

- Excessive gas
- Bloating
- Stomach pain and cramps
- Vomiting
- Difficulty breathing
- Headaches
- Skin reactions
- Joint pain
- Heartburn
- Irritability
- Nervousness
- Nausea



## Why is This Test Important?

- Eggs are one of the most common allergy-causing foods for children and are one of the eight major allergens found in Western food processing.<sup>1</sup>
- Trigger foods and food sensitivities contribute to leaky gut and harm the intestinal lining, causing inflammation.
- Symptoms of egg sensitivity can often mimic or overlap with symptoms of other conditions or food sensitivities, making it difficult to diagnose.
- Egg sensitivity symptoms may not show up for hours or days after exposure to egg.
- The Vibrant Wellness Egg Zoomer will allow you to differentiate egg sensitivity from other food sensitivities, as well as distinguish between immune reactivity to egg yolk and egg whites.
- The panel will allow you to understand your body's unique response to eggs, so you can work with your provider to create a personalized nutrition and wellness plan to reduce inflammation and feel better.

## The Vibrant Wellness Advantage

**Simple testing with robust results.** Perform the Egg Zoomer panel in the comfort of your home.

**Unparalleled specificity and sensitivity.** Our proprietary technology detects:

- IgA, IgG, and IgE antibodies
- Antibodies to all egg white and egg yolk antigens
- Multiple egg peptides known to be the major causes of egg sensitivity

**Validated and accredited.** Science-backed testing and analysis based on rigorous, ongoing research by clinical experts.

## What to Expect from the Test

1. Follow our simple instructions to perform this test either at home or at a blood draw center.
2. Before testing:
  - You do not need to fast before your Egg Zoomer test.
  - There are no diet or dietary supplement restrictions required before testing. We recommend consuming your “normal” diet before testing – meaning we don’t recommend excluding specific foods (such as eggs) from your diet before testing, as this could affect results.
  - Your provider may ask you to discontinue medications or dietary supplements. Speak with your provider to learn more.
3. Send the test to our labs for analysis and work with your care provider to understand the results.

## About Vibrant Wellness

**Vibrant Wellness** is a leading CLIA-certified and CAP-accredited biotech company based in San Carlos, CA. We deliver life-transforming lab testing that enables health and wellness providers to discover the root of patient health issues.

We're at the forefront of modern medicine and research, providing personalized health analytics using cutting-edge, high-quality technology. We believe that anyone can achieve better health and vibrant longevity through individualized solutions based on testing—not guessing.

### References:

1. <https://www.mayoclinic.org/diseases-conditions/egg-allergy/symptoms-causes/syc-20372115>



### Regulatory Statement

The general wellness test intended uses relate to sustaining or offering general improvement to functions associated with a general state of health while making reference to diseases or conditions. This test has been laboratory developed and its performance characteristics determined by Vibrant America LLC and Vibrant Wellness, CLIA-certified and CAP-accredited laboratory performing the test. The test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.