



# At-Home Menu Test Guide

Give your patients the advanced precision testing they need for vibrant wellness—**no blood draws necessary.**

At-home blood, urine, saliva, and stool testing are convenient and affordable options for patients who can't or prefer not to go to blood draw centers

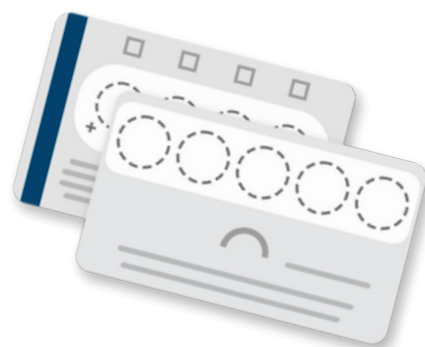
## At-Home Blood Panels

### Food Zoomers

Detect food allergies and sensitivities with at-home Food Zoomers. Food sensitivities and allergies can be challenging to diagnose without testing but can contribute to leaky gut, harm the intestinal lining, and cause chronic inflammation.

The entire suite of Food Zoomers is available in a convenient at-home option:

- **Corn Zoomer:** Detect the body's reaction to both conventional and GMO corn
- **Dairy Zoomer:** Detect reactions to dairy or cow's milk
- **Egg Zoomer:** Measure allergies and sensitivity to egg white and egg yolk
- **Grain Zoomer:** Detect immune reactivity to thousands of peptides in commonly consumed grains
- **Lectin Zoomer:** Detect reactions to lectins, which may contribute to major diseases such as celiac disease, autoimmune diseases, rheumatoid arthritis, obesity, cardiovascular disease, and type two diabetes.
- **Nut Zoomer:** Uncover sensitivities and immune reactivity to tree nuts
- **Peanut Zoomer:** Provide a risk assessment of peanut allergy and sensitivity that includes the most recently identified peptides in the peanut proteome
- **Soy Zoomer:** Test for antibodies to peptides in conventional and GMO soy to definitively assess soy sensitivity
- **Wheat Zoomer:** Assess sensitivity to wheat, autoimmune disease, and intestinal barrier stability



# At-Home Blood Panels *(continued)*



## Food Sensitivity 1 & 2

Assess sensitivity to the most common foods in the Western diet, which can cause chronic inflammation and intestinal permeability (leaky gut).

## Food Additives

Assess sensitivity to the most common food additives in the Western diet, such as preservatives, artificial sweeteners, emulsifiers, food dyes, and pesticides.

## Neural Zoomer Plus

Measure immune reactivity to structures, tissues, cells, and chemicals in the brain and peripheral nervous system. This test can detect underlying inflammatory responses that may be causing symptoms related to mood, memory, aging, balance, nervous function, movement, pain, and more.

## Whole Blood Nutrient Profile

Measure the nutrient status of common vitamins, minerals, antioxidants, metabolites, and amino acids at the cellular level, providing a baseline assessment of whole blood micronutrient status.

## Tickborne 1 & 2

Identify various tickborne diseases earlier than standard tests to help patients recover quickly. Proprietary silicon microarray technology tests antibodies and DNA for the most comprehensive Lyme and co-infection detection.

## Virus Infection Panel

The Virus Infections Panel, part of the Neural Zoomer Plus, measures IgG, IgA, and IgM antibody response to 7 of the most common infections associated with autoimmunity of the nervous system.

## Candida + IBS Profile

The Candida + IBS Profile panel assesses the presence of Candida (fungal) overgrowth, antibody levels associated with Irritable Bowel Syndrome (IBS) and Small Intestinal Bacterial Overgrowth (SIBO), and autoimmunity of the intestinal motility system.



# At-Home Urine Panels

## Heavy Metals

Test for exposure to harmful heavy metals and elements such as arsenic, lead, and mercury. Heavy metal exposure may be the root cause of neurological disorders, gastrointestinal disorders, autoimmune diseases, and disorders associated with increased oxidative stress and cellular dysfunction.

## Environmental Toxins

Measure levels of environmental toxins in the body that can manifest in various biological organs, tissue, and cellular-level systems and can be difficult to diagnose. Environmental toxins wreak havoc on the body and can cause chronic inflammation and various serious diseases, including cancer.

## Organic Acids

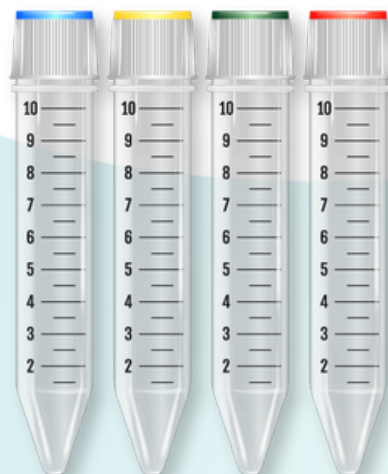
Detect the organic acids in urine that are byproducts of daily cellular metabolism to help accurately identify conditions associated with genetic disorders, nutrient deficiencies, intestinal dysbiosis, and toxicity from diet and prescription drugs.

## Mycotoxins

Measure levels of common mycotoxins produced by mold. Mycotoxins in the body can lead to serious diseases such as cancer and autoimmune disease.

## PFAS Chemicals

Monitor exposure to perfluoroalkyl and polyfluoroalkyl chemicals (PFAS), commonly found in the environment in air, soil, water, and everyday consumer goods. PFAS can bioaccumulate and persist in the body for decades, impairing detoxification, compromising immunity, and increasing oxidative stress.





## At-Home Saliva Panels

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### Salivary Hormones

Measure levels of important reproductive and metabolic hormones in the body that relate to energy, weight loss or gain, water retention, muscle loss or gain, sleep, mood, and cognitive function. Hormonal imbalance can affect several body functions, negatively affect quality of life, and increase the risk of hormone-related diseases such as hormone-sensitive cancers.

### CardiaX

Assesses genetic predispositions associated with various medical conditions that are linked to heart disease and stroke.

## At-Home Stool Panels

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### Gut Zoomer

Assess bacteria, yeast, viruses, and parasites in the gut microbiome alongside relevant digestive and inflammatory markers. The Gut Zoomer measures hundreds of species of microbes at once, providing the most comprehensive digestive health test on the market.

