

## The gold standard of accuracy in the lab industry

The Food Additives test measures the body's IgG and IgA immune response to 57 commonly used food additives in the Western diet, including preservatives, artificial sweeteners, emulsifiers, food dyes, and pesticides.

### Food Additives Markers List

#### Food Dyes and Pigments

- Acid Blue #3 (Patent Blue V)
- Acid Red #14 (Carmoisine)
- Annatto
- Beta-Carotene
- Blue #1 (Brilliant Blue)
- Blue #2 (Indigo Carmine)
- Brilliant Black
- Cochineal Extract
- Green #3 (Fast Green)
- Red #2 (Amaranth Red)
- Red #3 (Erythrosine)
- Red #4 (Carmine)
- Red #40 (Allura Red)
- Yellow #5 (Tartrazine)
- Yellow #6 (Sunset Yellow)

#### Pesticides

- Deltamethrin
- Glyphosate

#### Sweeteners

- Acesulfame K
- Aspartame
- Erythritol
- Mannitol
- Monk fruit
- Saccharin
- Sorbitol
- Stevia
- Sucralose (Splenda)
- Xylitol

#### Elements

- Fluoride
- Nickel Sulfate
- Titanium dioxide

#### Preservatives and Antioxidants

- Benzoic Acid
- Butylated Hydroxyanisole (BHA)
- Butylated Hydroxytoluene (BHT)
- Citric Acid
- Formaldehyde
- Sodium Benzoate
- Sodium Nitrate
- Sodium Sulfite
- Sorbic Acid

#### Emulsifiers and Surfactants

- Lecithin (Egg yolk)
- Lecithin (Soy)
- Polysorbate 80

#### Flavor Enhancers

- Ammonium Chloride
- Monosodium Glutamate (MSG)
- Sodium Citrate

#### Gums and Thickening Agents

- Gum Arabic
- Beta-Glucan
- Carrageenan
- Cottonseed
- Guar Gum
- Gum Tragacanth
- Locust Bean Gum
- Mastic Gum
- Xanthan Gum

#### Fibrous Additives

- Ispaghula (Psyllium Husk)

#### Other

- Bisphenol A (BPA)
- Latex

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