

Who Will Benefit from the Grain Zoomer test?

The Grain Zoomer panel detects the body's reaction to commonly consumed grains.

If you are diagnosed with or suspect food sensitivities, allergies, or intestinal permeability, you may benefit from this panel.

Recognizing Symptoms of Grain Sensitivity

Symptoms include:

- Rashes (eczema)
- Arthritis
- Gas
- Bloating
- Fever
- Fatigue
- Diarrhea
- Abdominal pain
- Nausea and vomiting
- Skin itchiness and redness
- Bronchitis and asthma symptoms
- Muscle stiffness and swelling
- Sweating and feeling weak





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Why is This Test Important?

- Food intolerance affects 15-20% of the population.¹
- Trigger foods and food sensitivities contribute to leaky gut and harm the intestinal lining, causing inflammation.
- The Vibrant Wellness Grain Zoomer can detect sensitivity to grains even when symptoms are delayed and occur hours or days later.
- The Grain Zoomer detects immune reactivity to peptides in quinoa, sorghum, teff, oats, rice, buckwheat, barley, and rye.
- The panel will allow you to understand your body's unique response to various grains and work with your provider to create a personalized nutrition and wellness plan to prevent inflammatory reactions and feel better.

The Vibrant Wellness Advantage

Simple testing with robust results. Perform the Grain Zoomer panel in the comfort of your home.

Unparalleled specificity and sensitivity. Our proprietary technology detects:

- Grain sensitivity with 95%-100% accuracy
- IgA and IgG antibodies
- Proteins of common gluten-free grains

Validated and accredited. Science-backed testing and analysis based on rigorous, ongoing research by clinical experts.

What to Expect from the Test

1. Follow our simple instructions to perform this test either at home or at a blood draw center.

- 2. Before testing:
 - You do not need to fast before your Grain Zoomer test.
 - There are no diet or dietary supplement restrictions required before testing. We recommend consuming your "normal" diet before testing – meaning we don't recommend excluding specific foods (such as certain grains) from your diet before testing, as this could affect results.
 - Your provider may ask you to discontinue medications or dietary supplements. Speak with your provider to learn more.
- 3. Send the test to our labs for analysis and work with your care provider to understand the results.

About Vibrant Wellness

Vibrant Wellness is a leading CLIA-certified and CAP-accredited biotech company based in San Carlos, CA. We deliver life-transforming lab testing that enables health and wellness providers to discover the root of patient health issues.

We're at the forefront of modern medicine and research, providing personalized health analytics using cutting-edge, highquality technology. We believe that anyone can achieve better health and vibrant longevity through individualized solutions based on testing—not guessing.

References:

1.https://pubmed.ncbi.nlm.nih.gov/25471897/



Regulatory Statement

The general wellness test intended uses relate to sustaining or offering general improvement to functions associated with a general state of health while making reference to diseases or conditions. This test has been laboratory developed and its performance characteristics determined by Vibrant America LLC and Vibrant Wellness, CLIA-certified and CAP-accredited laboratory performing the test. The test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.