# Hormone Zoomer







#### **Zoom Into Your Hormones and Take Control of Your Health**

Struggling with fatigue, mood swings, stubborn weight gain, or poor sleep? Your hormones could be the missing piece to your health puzzle. The Hormone Zoomer helps uncover the root cause of low energy, metabolic issues, and hormone-related symptoms by analyzing how your body produces, metabolizes, and clears hormones. It also detects hidden hormone disruptors like BPA and phthalates that interfere with thyroid function, metabolism, and reproductive health.

If you've been feeling off but can't pinpoint why, this test also evaluates biomarkers for stress and adrenal function, bone health, and oxidative stress levels, which impact aging, inflammation, and long-term wellness. With clear, actionable insights, your healthcare provider can develop a personalized plan to rebalance your hormones, reduce toxic burden, and help you feel your best again.

# Why Choose the Hormone Zoomer?

- Uncover Hidden Hormone Imbalances: Identifies hormone metabolism issues that impact energy, mood, weight, and reproductive health.
- Reduce Toxin Exposure Risks: Detects hormone-disrupting chemicals like BPA and phthalates that impact metabolism and thyroid function.
- **Protect Your Bone Health:** Helps evaluate bone loss risk early to help prevent osteoporosis and support lifelong strength.
- Improve Energy & Vitality: Assesses stress hormones and oxidative stress factors to help you feel more energized, focused, and balanced.

## **How It Works**

The Hormone Zoomer is a simple urine test that provides a comprehensive view of your hormone health, metabolism, and toxic burden. It measures how your body produces, processes, and clears hormones, while detecting hormone-disrupting chemicals like BPA and phthalates that may impact energy, weight, mood, and fertility. With clear visuals and actionable results, your provider can build a personalized plan to restore balance and support long-term wellness.



## **Key Markers Include:**

- Cortisol (Stress & Energy): Identifies adrenal dysfunction impacting fatigue, sleep, weight gain, and stress resilience.
- **Estrogen Metabolism (Hormone Balance):** Evaluates estrogen detox pathways to reduce risks of PMS, weight gain, and hormone-related issues.
- **5α-DHT (Androgen Balance):** Detects excess testosterone conversion, which can lead to acne, hair loss, and PCOS symptoms.
- 80HdG (Oxidative Stress): Measures cellular damage from toxins and stress, helping prevent aging and chronic disease.
- DPD & PYD (Bone Health): Identifies bone loss risk early, helping prevent osteoporosis and fractures.
- **BPA (Toxin Exposure):** Detects hormone-disrupting chemicals that interfere with metabolism, fertility, and thyroid function.

The Hormone Zoomer analyzes key hormones, metabolism, and toxic exposures to uncover hidden causes of fatigue, weight gain, mood swings, and hormone-related issues. It evaluates stress hormones (cortisol), estrogen metabolism, and testosterone balance to pinpoint energy, reproductive, and metabolic concerns. The test also detects hormone-disrupting toxins like BPA and parabens, which impact thyroid function, metabolism, and fertility. Additionally, it assesses bone turnover markers for osteoporosis risk and oxidative stress (80HdG) linked to aging and chronic disease, helping you take control of your health.

### Who Should Take This Test?

- **Struggling with Constant Fatigue?** If you feel exhausted no matter how much you rest, this test can uncover hormonal imbalances affecting energy levels.
- Gaining Weight Without Explanation? If diet and exercise aren't working, hormone imbalances, thyroid dysfunction, or toxin exposure could be impacting your metabolism.
- Dealing with Stress or Mood Swings? If anxiety, irritability, or brain fog are disrupting your life, this test helps identify cortisol and hormone-related imbalances.
- Concerned About Long-Term Health? If you want to stay ahead of bone loss, aging, or toxin exposure, this test provides key insights for prevention.



# **Take the First Step Towards**

### **Better Health**

If you're struggling with fatigue, weight gain, mood swings, or unexplained symptoms, your hormones could be the key. The Hormone Zoomer provides clear answers and actionable insights to help restore balance. Talk to your healthcare provider today and start your journey to better energy, metabolism, and overall wellness!

#### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or impairment of, or the assessment of the health of, human beings. The tests listed on web page titled "New York State Approved Tests" can be used for diagnostic purposes are per their intended use.

#### **Regulatory Disclaimer**

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations. The tests listed on web page titled "New York State Approved Tests" are cleared by FDA and also comply with the New York State Department of Health regulations.

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