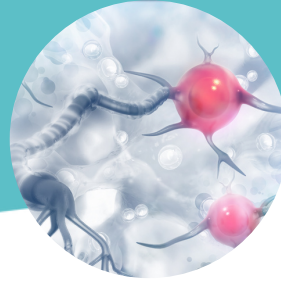


Urinary Hormones Panel



Who Will Benefit From the Urinary Hormones Panel?

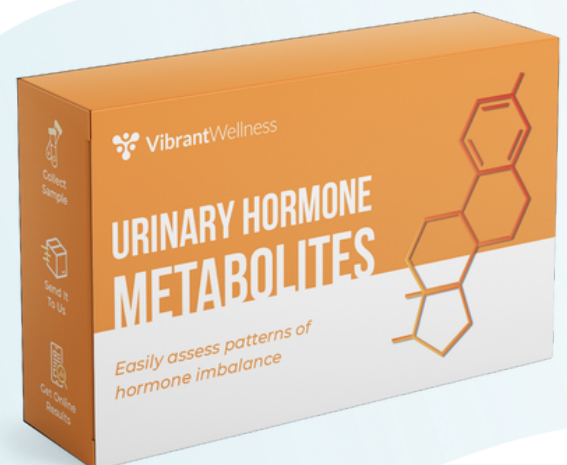
The Urinary Hormones Panel measures the status of steroid hormones in the human body, including patterns of imbalances and an assessment of metabolites (metabolized hormones). Hormones are essential chemical messengers which regulate routine processes in the body.

If you were diagnosed with or suspect a mood disorder, neurotransmitter imbalance, or hormonal imbalance, you may benefit from this panel.

Recognizing Symptoms of Hormonal Imbalances

Symptoms include:

- Hot flashes
- Night sweats
- Headaches
- Hair loss
- Poor sleep
- Anxiety
- Depression
- Stress
- Low libido
- Memory lapse
- Sugar cravings
- Weight gain
- Dry, dull appearance of skin
- Poor stamina
- Decreased muscle mass/strength
- Neck/back pain
- Decreased urinary flow (men)
- Thinning hair, eyebrows, or eyelashes
- Erectile dysfunction
- Apathy/mood changes
- Poor cognition
- Brain fog
- Fatigue
- Chronic Irritability
- Increased facial hair/acne
- Irregular menstrual cycles
- Rapid aging



Why Is This Test Important?

- 90% of women seek out their healthcare provider for advice on how to cope with menopausal symptoms.¹
- By measuring the entire steroid pathway of hormones and metabolites, you can gain information about situational factors related to genetics, environment, nutrition, and inflammation that influence hormone pathways, enzymes, and metabolite production.
- Hormone imbalances can affect a range of body functions, negatively affect quality of life, and increase the risk of hormone-related diseases such as hormone-sensitive cancers.
- Assessment of sex and adrenal hormones is critical to differentiate hormonal imbalance from other common conditions with overlapping symptoms.
- Hormones, especially adrenal hormones, are interconnected with neurotransmitters. An imbalance in adrenal and sex hormones could lead to neurotransmitter imbalances which could revert back to cause hormonal imbalances, resulting in a vicious cycle.
- The Vibrant Wellness Urinary Hormones Panel helps identify the root cause of hormone imbalances and disease risk associated with individual hormone metabolites, so you can work with your provider to create a personalized wellness plan to address hormonal imbalance and feel better.

The Vibrant Wellness Advantage

Simple testing with robust results. Perform the Urinary Hormones Panel in the comfort of your home.

Unparalleled specificity and sensitivity. Our proprietary technology detects:

- Steroid hormones and downstream metabolites
- Four-point diurnal free cortisol, free cortisone, and melatonin

Validated and accredited. Science-backed testing and analysis based on rigorous, ongoing research by clinical experts.

What To Expect From the Test

1. Follow our simple instructions to perform this test at home or at your practitioner's office.
2. Before testing:
 - You do not need to fast before your Hormones test.
 - Consult with your provider for appropriate usage of hormones and steroid supplements.
 - Your provider may ask you to discontinue medications or dietary supplements. Speak with your provider to learn more.
3. Send the test to our lab for analysis and work with your care provider to understand the results.

About Vibrant Wellness

Vibrant Wellness is a leading CLIA-certified and CAP-accredited biotech company based in San Carlos, CA. We deliver life-transforming lab testing that enables health and wellness providers to discover the root of patient health issues.

We're at the forefront of modern medicine and research, providing personalized health analytics using cutting-edge, high-quality technology. We believe that anyone can achieve better health and vibrant longevity through individualized solutions based on testing—not guessing.

References:

1. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4834516/#B1>



Regulatory Statement

The general wellness test intended uses relate to sustaining or offering general improvement to functions associated with a general state of health while making reference to diseases or conditions. This test has been laboratory developed and its performance characteristics determined by Vibrant America LLC and Vibrant Wellness, CLIA-certified and CAP-accredited laboratory performing the test. The test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.